

Adverse reactions/events should be reported to the Health Products Regulatory Authority (HPRA) using the available methods via www.hpra.ie. Adverse events should also be reported to Amgen Limited on +44 (0) 1223 436441.

Looking after Your Skin and Nails during Vectibix[®] Treatment

*Information for patients who
have been prescribed Vectibix[®]*

This leaflet has been given to you because you have been prescribed Vectibix[®].

This leaflet contains information to help you to look after your skin and nails during Vectibix[®] treatment.

You should make sure you also read the patient information found in your Vectibix[®] package leaflet. If you have any further questions, or feel unsure about any aspect of your treatment, please speak to your doctor, pharmacist or nurse.

Approximately 94% of patients experience skin reactions while receiving Vectibix®

What to look for?



Rash

- Rash normally appears on the face, neck and torso
- It usually develops within 2 weeks of starting treatment
- The rash usually clears up after treatment has finished



Fissures

- Fissures are characterised by paper-cut like cuts on the fingers and toes
- Fissures usually develop 6-7 weeks after starting treatment



Nail Changes (Paronychia)

- Nail changes are characterised by redness and inflammation of the sides of the nails which may become sore and tender and may result in infection
- The thumb and big toe are the two areas most likely to be affected
- It usually develops 4-8 weeks after starting treatment



Trichomegaly

- Characterised by long, curly, rigid eyelashes
- Trichomegaly normally occurs 4-8 weeks after starting treatment

This is not a complete list of potential Vectibix® side effects. Please also read the patient information found in your Vectibix® package leaflet. If you have any questions or concerns about side effects you should talk to your doctor, pharmacist or nurse. Timings of complications vary on an individual patient basis.

On starting treatment with Vectibix[®], how should I look after my skin and nails?

For your Skin and Hair



- Use moisturising creams (water-based) on limbs including hands and feet and apply daily
- Use tepid water when showering or bathing
- When rubbing cream in, do so in the direction of the hair
- Use a gentle or anti-dandruff shampoo and leave for three minutes and wash off
- Use an electric razor as this is less traumatic on the skin. If wet shaving is preferred use a gentle wash such as E45 instead of shaving foam
- If you experience trichomegaly (long, curly, rigid eyelashes) please get them trimmed by your Healthcare Provider or a competent individual

Avoid the Sun



- Avoid the sun; use a sunscreen with a high sun protection factor (SPF) even on cloudy days. Ideally the SPF should be at least 30
- Put sunscreen on 20 minutes before going outside and reapply every 2 hours, or more frequently if sweating or swimming
- Use a broad-brimmed hat and long sleeved T-shirt when going outside

Use Mild Skin Care Products



- Use mild soaps when cleansing the skin and avoid harsh laundry detergent with strong perfume
- Avoid products which contain additives that may irritate your skin such as perfumes, dyes or alcohol
- While the rash may look like acne it's not and therefore patients should avoid over-the-counter acne products

For your Finger and Toe Nails



- Avoid pushing back cuticles or biting your nails
- Do not use artificial nails
- Use a nail file instead of cutting nails and cotton-lined gloves when washing dishes or cleaning
- Do not wear tight shoes
- Please consult your Healthcare Provider before going to a chiropodist
- If there are any changes to your nails please consult your Healthcare Provider

Follow the Advice Given by the Healthcare Provider

- Contact your Healthcare Provider right away if you experience rash or any other side effects as these can be managed if they are recognised and treated early