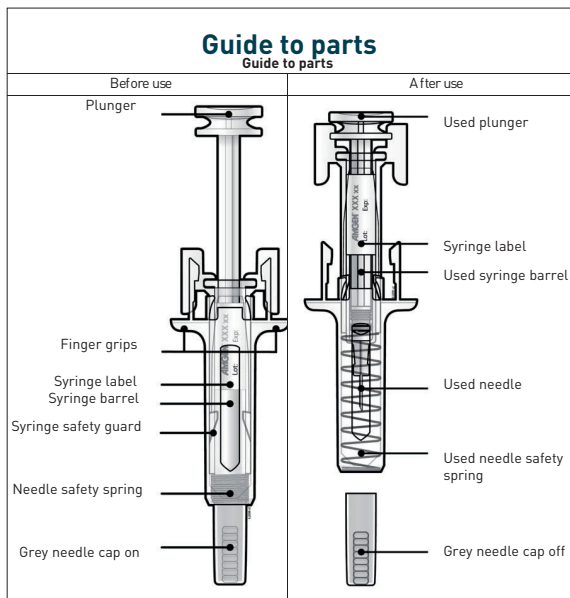


STEP BY STEP GUIDE ON HOW TO USE THE PROLIA® (denosumab) PRE-FILLED SYRINGE WITH AUTOMATIC NEEDLE GUARD (ANG):



Important

Before you use a Prolia® pre-filled syringe with automatic needle guard, read this important information:

- It is important that you do not try to give yourself the injection unless you have received training from your doctor or healthcare provider.
- Prolia® is given as an injection into the tissue just under the skin (subcutaneous injection).

X Do not remove the grey needle cap from the pre-filled syringe until you are ready to inject.

X Do not use the pre-filled syringe if it has been dropped on a hard surface. Use a new prefilled syringe and call your doctor or healthcare provider.

X Do not attempt to activate the pre-filled syringe prior to injection.

X Do not attempt to remove the clear pre-filled syringe safety guard from the pre-filled syringe.

Call your doctor or healthcare provider if you have any questions.

Step 1: Prepare

A Remove the pre-filled syringe tray from the package and gather the supplies needed for your injection: alcohol wipes, a cotton ball or gauze pad, a plaster and a sharps disposal container.

For a more comfortable injection, leave the pre-filled syringe at room temperature for about 30 minutes before injecting. Wash your hands thoroughly with soap and water.

On a clean, well-lit work surface, place the new pre-filled syringe and the other supplies.

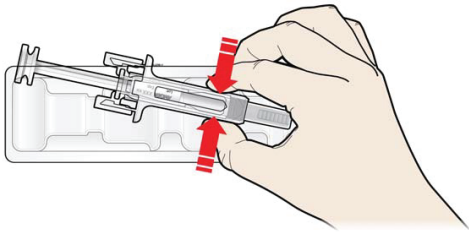
X Do not try to warm the syringe by using a heat source such as hot water or microwave.

X Do not leave the pre-filled syringe exposed to direct sunlight.

X Do not shake the pre-filled syringe.

- Keep the pre-filled syringe out of the sight and reach of children.

B Open the tray, peeling away the cover. Grab the pre-filled syringe safety guard to remove the pre-filled syringe from the tray.



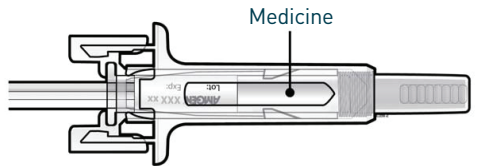
Grab here

For safety reasons:

X Do not grasp the plunger.

X Do not grasp the grey needle cap.

C Inspect the medicine and pre-filled syringe.



X Do not use the pre-filled syringe if:

- The medicine is cloudy or there are particles in it. It must be a clear, colourless to slightly yellow solution.
- Any part appears cracked or broken.
- The grey needle cap is missing or not securely attached.
- The expiry date printed on the label has passed the last day of the month shown.

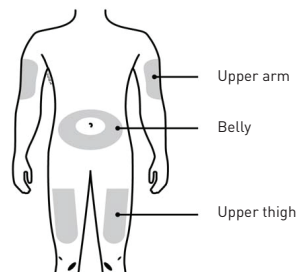
In all cases, call your doctor or healthcare provider.

Step 2: Get ready

A Wash your hands thoroughly. Prepare and clean your injection site.

You can use:

- Upper part of your thigh.
- Belly, except for a 5 cm (2-inch) area right around your belly button.
- Outer area of upper arm (only if someone else is giving you the injection).



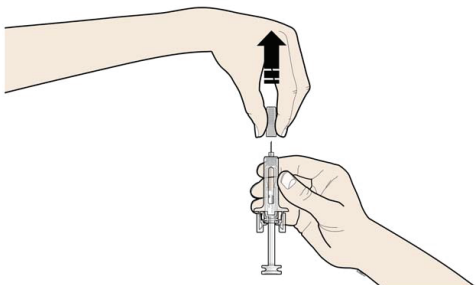
Clean the injection site with an alcohol wipe.

Let your skin dry.

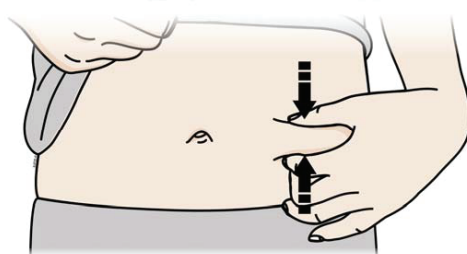
X Do not touch the injection site before injecting.

! **Do not** inject into areas where the skin is tender, bruised, red, or hard.
Avoid injecting into areas with scars or stretch marks.

B Carefully pull the grey needle cap straight out and away from your body.



C Pinch your injection site to create a firm surface.



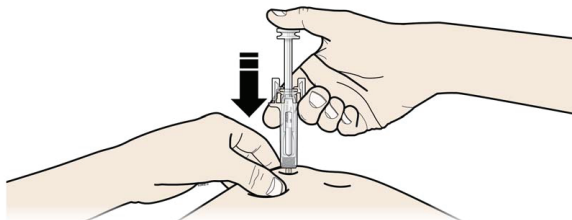
! It is important to keep the skin pinched when injecting.

Step 3: Inject

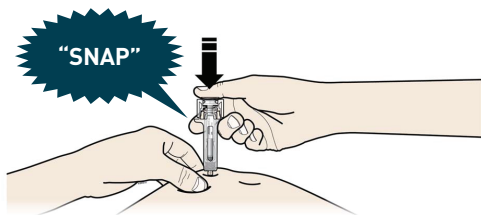
A Hold the pinch.

INSERT the needle into skin.

X Do not touch the cleaned area of the skin.

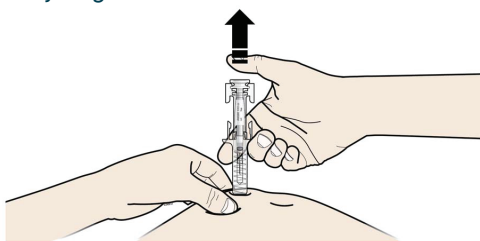


- B** PUSH the plunger with slow and constant pressure until you feel or hear a “snap”. Push all the way down through the snap.



- !** It is important to push down through the “snap” to deliver your full dose.

- C** RELEASE your thumb. Then LIFT the syringe off skin.

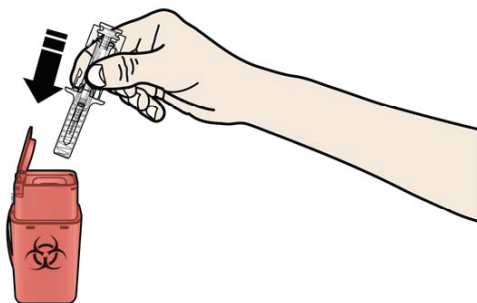


After releasing the plunger, the pre-filled syringe safety guard will safely cover the injection needle.

- X Do not** put the grey needle cap back on used pre-filled syringes.

Step 4: Finish

- A** Discard the used pre-filled syringe and other supplies in a sharps disposal container.



Medicines should be disposed of in accordance with local requirements. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Keep the syringe and sharps disposal container out of sight and reach of children.

- X Do not** reuse the pre-filled syringe.

- X Do not** recycle pre-filled syringes or throw them into household waste.

- B** Examine the injection site.

If there is blood, press a cotton ball or gauze pad on your injection site.

Do not rub the injection site.

Apply a plaster if needed.

REPORTING OF SIDE EFFECTS

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the patient leaflet. Side effects can be reported directly to the Health Products Regulatory Authority (HPRA) using the available methods via www.hpra.ie. Side effects should also be reported to Amgen Limited on +44 (0) 1223 436441 or Freephone 1800 535 160. By reporting side effects you can help provide more information on the safety of this medicine.

Please report any potential quality issue with the Amgen product you have received, by calling us on +44 (0) 1223 436441 or Freephone 1800 535 160 and providing us with the details. Please ensure that you keep your packaging, so we are able to identify your product more easily.