

**This is the written description of what is enunciated on the “How to Administer A Pre-Filled Syringe with Automatic Needle Guard” video.**

**Please Note: Since the making of this video, the latex special warning has been removed. Prolia does not contain latex.**

### **HOW TO ADMINISTER A PRE-FILLED SYRINGE WITH AUTOMATIC NEEDLE GUARD**

In this short film, I am going to show you how to administer the medication. The medication is in a pre-filled Syringe that comes with a special safety device called the Automatic Needle Guard. The Automatic Needle Guard system helps to prevent needle stick injuries after the administration of the medication. The purpose of this video is to review step by step how to administer the medication. I’m going to cover the highlights of how to inject, if you want more detailed instructions, then you can find them in the instructions for use included in the package leaflet with the medication or you can call your doctor or healthcare provider.

Now, let’s take a look at the seven important parts of the pre-filled syringe.

- Finger Grips
- Syringe Label
- Syringe Barrel
- Syringe Safety Guard
- Needle Safety Spring
- Grey Needle Cap
- and Plunger

Before you use a pre-filled syringe, there are some very important points to remember:

- ☐ It is important that you do not try to give yourself the injection unless you have received training from your doctor or healthcare provider.
- ☐ Your medication is given as an injection into the tissue just under the skin, this is known as a subcutaneous injection.
- ☐ Tell your doctor if you have an allergy to latex as the needle cover on the pre-filled syringe contains a derivative of latex.
- ☐ Do not remove the grey needle cap from the pre-filled syringe until you are ready to inject.
- ☐ Do not use the pre-filled syringe if it has been dropped on a hard surface.
- ☐ Do not attempt to activate the pre-filled syringe prior to injection.
- ☐ If your pre-filled syringe comes with a peelable label, do not attempt to remove the peelable label on the pre-filled syringe barrel before administering your injection.
- ☐ Do not attempt to remove the clear syringe safety guard from the pre-filled syringe.

Call your doctor or health care provider if you have any questions.

Now let’s review the necessary steps one by one for a proper administration of the medication.

#### **Step One**

##### **Prepare your work area to perform the injection**

Take the pre-filled syringe tray out of the refrigerator and leave it at room temperature for 30 minutes before injecting. Wash your hands thoroughly with soap and water.

Place the new pre-filled syringe tray on a clean, well-lit surface. Locate alcohol wipes, a cotton ball or gauze pad, a plaster, and a sharps disposal container.

- ☐ Do not try to warm the pre-filled syringe by using a heat source such as hot water or microwave.
- ☐ Do not leave the pre-filled syringe exposed to direct sunlight.

- ☐ Do not shake the pre-filled syringe.
- ☐ Keep the pre-filled syringe out of sight and reach of children.

Open the pre-filled syringe tray by peeling away the cover from the indicated corner. Grab the pre-filled syringe from the syringe safety guard to remove the pre-filled syringe from the tray.

- Make sure you do not grasp the plunger or the grey needle cap.

This is how to properly hold the pre-filled syringe with the index and middle fingers under the Finger Grips, leaving the thumb clear of the plunger.

Inspect the medicine and the pre-filled syringe. Do not use the pre-filled syringe if:

- ☐ The medicine is cloudy or there are particles in it.
- ☐ If any part of the pre-filled syringe appears cracked or broken.
- ☐ If the grey needle cap is missing or not securely attached.
- ☐ If the expiration date printed on the label has passed.

In all cases, call your doctor or healthcare provider.

## **Step 2**

### **Get ready to perform the injection**

Again, make sure you have washed your hands thoroughly. Now identify what injection site you will use to perform the injection.

You can use:

- ☐ The upper part of your thigh.
- ☐ The belly, except for a 5 centimetre area right around your belly button.
- ☐ Or the outer area of upper arm if someone else is giving you the injection.

Clean the injection site with an alcohol wipe and let your skin dry before performing the injection.

- ☐ Do not touch the injection site before performing the injection.
- ☐ Do not inject into areas where the skin is tender, bruised, red, or hard, and avoid injecting into areas with scars or stretch marks.

Carefully pull the grey needle cap straight out and away from your body.

- ☐ Avoid bending or touching the needle.

Pinch your injection site to create a firm surface. It is important to keep the skin pinched when performing the injection.

## **Step 3**

### **Perform the injection**

While pinching the injection site, insert the needle into the skin.

PUSH the plunger with a slow and constant pressure until you feel or hear a “snap”. It is important to push the plunger all the way down through the snap to deliver a full dose.

Then, RELEASE your thumb and LIFT syringe off the skin. You will notice the syringe safety guard will safely cover the injection needle to prevent a needle stick injury.

- ☐ Do not put grey needle cap back on used syringes.

#### **Step 4**

##### **Finish**

Discard the used pre-filled syringe and grey needle cap into the sharps disposal container.

- ☐ Medicines should be disposed of in accordance with local requirements.
- ☐ Ask your pharmacist how to dispose of medicines no longer required.
- ☐ These measures will help to protect the environment

Ensure you keep the syringe and sharps disposal container out of reach and sight of children.

- ☐ Do not try to reuse the pre-filled syringe.
- ☐ And do not recycle the pre-filled syringe or throw them into household waste.

Examine the injection site. If there is blood, press a cotton ball or gauze pad on your injection site.

- ☐ Do not rub the injection site and apply a plaster if needed.

**Please note this video is intended for education, training and simulation purposes only.**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the patient leaflet. Side effects can be reported directly to the Health Products Regulatory Authority (HPRA) using the available methods via [www.hpra.ie](http://www.hpra.ie). Side effects should also be reported to Amgen Limited on +44 (0) 1223 436441 or Freephone 1800 535 160. By reporting side effects you can help provide more information on the safety of this medicine.

Please report any potential quality issue with the Amgen product you have received, by calling us on +44 (0) 1223 436441 or Freephone 1800 535 160 and providing us with the details. Please ensure that you keep your packaging, so we are able to identify your product more easily.